

 **Dinner's Ready**
Homemade Entrées, Soups & Desserts

When there's no time to cook, dinner is always ready at Belbin's. With over 50 homemade selections in individual and family sized portions, we've got you covered. Just heat and enjoy!



**Home Delivery
for under \$5.00**

We can pick, pack, and deliver your groceries all for just \$4.99 — something to think about on those busy and not-so-shopping-friendly winter days! Call or order online.



85 Quidi Vidi Rd. 576-7640
www.belbins.com

Open Seven Days a Week



Featured Specials

**Grade A
Turkeys**
3-5 kg Frozen
1.99 lb



*** March 8-14th
Beef Lasagna**

Everyone's favourite!! Store made lasagna using Belbins lean ground beef & our own tomato sauce. Heat & Serve.



9.95

CHECK THIS OUT!

Gingerbread Cake

Another one of Belbins Own 'Made from Scratch' desserts, a great dessert for any day of the week. 630g

5.95



*** March 15-21st
Vegetable Beef Soup, 1L**

Store made from scratch using our own stock and hearty chunks of beef and vegetables. Heat & Serve.



7.89

Prices in effect March 8-21, 2018

Ground Beef
Medium Store Made
Canada A Grades

4.89 lb



Cross Rib
Boneless Pot Roast
Hand Cut & Trimmed

5.49 lb



Mirabel, 400g
Cooked Shrimp
71-90 count

11.49



Stew Meat
Fresh Boneless
Hand Cut & Trimmed

6.95 lb



Fresh Broccoli

USA / Size 18's

2.39



Bib Lettuce

Product of Canada

2.69



Fresh Strawberries

USA, 454g

3.69



Fresh Limes

Mexico / Size 36's

.69 ea

NL Eggs
Large White
Grade A Dozen

3.29



Scotsburn
Salted Butter
454g Foil

5.59



Compliments
Cheddar Blocks
Assorted 300g

5.69



Oakrun, 340g
Plain English Muffins
6 per pkg

1.59



Raincoast Crisps
Assorted Crackers
for Cheeses & Dips

5.98 150g



John West
Smoked Kipper
Fillets, 190g

1.98



Jordons 500g
Morning Crisp
Cereals, Assorted

5.69



Christie 320-350g
Arrowroot & Dad's
Oatmeal Cookies

4.69



E D Smith
Triple Fruit Spreads
Assorted 500 ml

3.59



Kraft
BBQ Sauces
Assorted 455ml

1.39 ea



Hunts
Assorted Pudding
Snacks, 4x99g

1.19 pk



Clover Leaf
Skipjack Tuna 170g
Chunked / Flaked

1.79 tin



Crosby's
Fancy Molasses
1.35 kg carton

5.49



Tim Hortons
Assorted Ground
Coffee, 300g

8.95



Shake 'n Bake
Coating Mixes
Assorted 142g

2.49



Belbins 250ml
NL Partridgeberry &
Blueberry Jams

7.95 bottle



Uncle Ben's
'Bistro Express'
Assorted Rice Dishes

2.98



Natura, 946ml
Assorted Organic
Soy Beverages

2.19



Sprague, 398 ml
Sugarbrush Baked
Beans with Maple Syrup

2.59



Ruffles
Potato Chips
Assorted 220g

2 for 6.00



Oxi Clean
Laundry Stain
Remover, 680g

5.95



Billy Boot, 10-24's
Household & Kitchen
Trash Bags

1.99 pk



SpongeTowels
Paper Towels
6 Roll Pak

4.99



Cashmere
Bathroom Tissue
6 Double Rolls

3.59

