

When there's no time to cook, dinner is always ready at Belbin's. With over 50 homemade selections in individual and family sized portions, we've got you covered. Just heat and enjoy!





Home Delivery for under \$5.00

We can pick, pack, and deliver your groceries all for just \$4.99 — something to think about on those busy and not-so-shopping-friendly winter days! Call or order online.

BELBIN'S GROCERY

85 Quidi Vidi Rd. 576–7640 www.belbins.com

Open Seven Days a Week

BELBIN'S GROCERY SHOPPING MADE SIMPLE

Featured Specials

Whole Chicken

Country Ribbon Fresh 2-3 lb Average

2.19 lb



CHECK THIS OUT!

Chocolate Mousse Cup Cakes

Store made flourless torte filled with light

Belgian chocolate mousse & topped with

chocolate ganache. Made from scratch.

\$8.95 (pk of 4)



* August 10-16th Chicken Divan, 525g

Chunks of chicken breast with broccoli in a cheese sauce with a Panko crumb topping. Heat & Serve.



9.95

* August 17-23 rd

** Roast Lamb Dinner, 550g

Roasted New Zealand lamb with garlic mashed potato, grilled lemon & herbed vegetables & gravy. Heat & Serve.



12.9

** Limited Suppolv

* Prices in effect August 10-23, 2017

Boneless Cross Rib Simmering Steak Canada A Grades

4.99 lb

Johnsonville, 375g Smoked Sausages Bratwurst, Maple & Farmers 3.99 pk

Pork Back Ribs Canadian Pork (Fresh or Frozen) 5.66 lb

Bison Burgers, 4's Canadian Bison NL Produced, frozen 8.95 lb







Becel 454g, Regular Margarine 2.99

Becel)





Compliments

Shredded Cheeses

Assorted 180g

3.49





Mussel King PEI Mussels, Cooked in garlic & butter, 454gr 4.59



Delissio, 555-630g **Assorted Thin Crust** Frozen Pizzas



Pearl Springs

NL Spring Water

1.98

Fairlee

Kraft, 250g

Jet Puffed

Marshmallows

1.39

Assorted Fruit Juices, 1L Tetra



Quaker Mini Crisps Assorted 100g



1.89

Panko

Japanese Style Bread Crumbs, 227q



2.98



Puritan Beans &



Wieners, 425g



Sanpellegrino

Sparkling Fruit Beverages, 6x330ml 5.99



Pretzel Crisps Great for Entertaining & Snacking 200g 3.49





Anjou Pears

USA / 100's .79 ea



2.89 lb



Angel Tomatoes 255q

Product Canada 3.99



Iceberg Lettuce

Product Canada 1.98

Compliments

Lemon Meringue Pie, 1 kg 6.99



Tetley Orange Pekoe Tea Bags 72's



Hot Kid Rice Crisp Crackers Assorted 100g

2.89



Celebration Chocolate Cookies Assorted 240g



3.59

Sensations Basmati Rice 900g



Sun-Maid **Pitted Prunes** Bite Size, 250g



3.98



al dente, 341g **Fettuccine Pasta Assorted Flavors**



4.99 ea

Billy Boot

Household Trash

Bags 40's

ABC

Liquid Laundry Detergent, 1.47L



2.99

Tide Pods **Laundry Detergent** Pods, 347g



5.95



Arm & Hammer

Extra Whitening Toothpaste, 120ml

6.99

2.69

